

We have made this booklet to help you while you are living with your Compass/ Families Fostering foster family.

Some of the words in this booklet may be new to you or hard to read. So don't forget you can ask your foster carer, social worker or someone you trust to help you.





Hello, my name is Jules

I can't live at home with my family at the moment so I live with Tina and Tom Guinea Pig who are foster carers.

About Me

We have made this page of the booklet for you to tell us all about you. You could ask your foster carer or Social Worker to help you fill the profile in.

My Name is

I am years old



You can even draw a picture of yourself in the box. Have Fun!

The things I like to do best are:



All About Foster Carers:

My Foster Carers are

They live at

Their phone number is

Foster carers are special adults who have been chosen to look after children who can't live at home with their family. Some foster carers live on their own and others live in large families with other children in care. Some foster carers will have their own children as well.

Why don't you draw a picture of your foster carer



This is me with my Foster carers Tina and Tom Guinea Pig and their daughter Millie Guinea Pig.



Your foster carer will look after you and make sure you are happy, healthy, safe and part of their family.

Not all grown ups can become foster carers. Foster carers are chosen by grown ups who work for Compass or Families Fostering. They make sure that the carers will keep you safe and happy if you go and live with them.

Before they find you a family, your social worker will tell them everything they need to know about you so they can find the right family for you.

When you first go to live with your foster carer they will take you around your new home. They will show you where you will sleep, where you can play and where you will eat your meals. You will also meet the other grown ups and children who will live in the house with you.

What does your foster home look like?

Why not draw a picture of it next to mine?













Your Care Plan:

I've got a care plan. It tells me and everyone close to me, what is going to happen to me. Your social worker and other people who care for you will ask you what you think should be in your plan.

When you first go to live with your foster family your foster carer, social worker and if it is OK your parents will sit down with you to talk about how they are going to look after you. You will talk about lots of things like what food you like, any medicines you have to take, who you will see from your family and when, what activities you like doing, whether you will go to play school or school and many more things.

About My Family:

Draw a picture of your family?







People to talk to:

I found it different when I moved into my foster family and you might feel upset about leaving your own family.



Don't forget everyone wants to help you. If you are upset you can talk to anyone who you trust, your

- Social worker
 - Foster carer
 - Teacher
- or any grown up who I trust.